

Harrogate Hospital



# RADIO

95.3FM

## PROGRAMME GUIDE March 2024

Making your stay or working day at  
Harrogate District Hospital just that  
little bit better



# CHAIRMAN'S INTRODUCTION

Welcome to our March 2024 Programme Guide.

Easter is fast approaching...

Harrogate Hospital Radio will keep you entertained all over the Easter holidays.

From 10.00am, we'll be bringing you that Bank Holiday feeling, kicking off with Daniel Wilson and Ollie Thomas.

Following them, Barb Nixon and Martin Fretwell host a jam-packed 3 hour Eggstravaganza of fun and musical mayhem.

Further details of the Bank Holiday weekend schedule will be published on our website as the festivities approach.

We love providing the soundtrack to your Bank Holiday. Send your requests in via our free app, available from your app store.

Thank you, as always, for supporting Harrogate Hospital Radio.

Get well soon,  
Mark Oldfield



# Monday

8am

**The Morning Cuppa -  
with Ray Milligan**

Start your Monday morning with Ray as he plays feel good tunes to start your week off right. Can you work out this weeks cryptic artist?

10am

**Brunch Time -  
with Toby Lipatti-Mesme  
Sponsored by Enid Taylor  
Ltd., Harrogate**

Join Toby for Brunch Time, a mid-morning show with Classic Pop hits from the likes of Bowie and Fleetwood Mac all the way to today's latest.

12pm

**Decades of Number Ones -  
with Carl Richards**

Since the first official UK singles charts back in 1952 there have been nearly 1,500 chart-toppers. Hear a few of them in this hour.

1pm

**Beatin' Rhythm -  
with Ian Smith**

Join Ian for Beatin' Rhythm. Soul, Funk, Mod, Beat, Boogie and some proper (60s) R&B. Tunes to blow away those Monday blues.

3pm

**The Monday Afternoon Show  
- with Ellie Jackson**

Join Ellie for features such as the celebrity birthday, the top 3 tunes from 'on this day' and much much more.

5pm

**Most Requested Artists - with  
Mark Field and Ally Dunsmuir**

Songs from the most requested artists played in the previous months' Evening Request shows.

6pm

**Musical Bagatelle -  
with Steve Price**

Join Steve Price and find yourself dancing gracefully, if randomly, between musical styles, genres and eras including anything from present day to the 1600s with a light dusting of Amazing Facts and a chance to ponder over the odd Brain Teaser.

8pm

**Monday Evening Request  
Show  
Sponsored by LCF Law,  
Harrogate**

We play the songs you want to hear.

10pm

**Mellow Magic -  
with Tim Walden**

Tim winds things down a notch with an hour of mellow music and relaxing rhythms from across the decades.

11pm

The Night Shift

# Tuesday

8am	<b>Monday Evening Request show (Repeat)</b>	Missed last night's request show or just want to hear the music all over again? Tune in again this morning!
10am	<b>Brunch Time - with Toby Lipatti-Mesme</b> <i>Sponsored by Enid Taylor Ltd., Harrogate</i>	Join Toby for Brunch Time, a mid-morning show with Classic Pop hits from the likes of Bowie and Fleetwood Mac all the way to today's latest.
12pm	<b>Decades of Number Ones - with Carl Richards</b>	Since the first official UK singles charts back in 1952 there have been nearly 1,500 chart-toppers. Hear a few of them in this hour.
1pm	<b>My Family, My Friends &amp; Me - with Alan Davidson</b>	Alan's family & friends help him build a playlist for a two-hours themed show. Join him to find out what connects this week's songs.
3pm	<b>The A to Z of Pop - with Richard Smith</b> <i>Sponsored by Specsavers</i>	Join Richard as he takes you on a journey through the alphabet of hits!
4pm	<b>Shelbi's World of Pop</b>	Do you enjoy Celebrity gossip? Then tune into Shelbi's World of Pop, where she will be talking all about the latest showbiz news & rumours with a few games. Let's bring pop back!
6pm	<b>T.N.T. (Tuesday Night Tullett) - with Jonathan Tullett</b> <i>Sponsored by Make It Wild</i>	Who says Tuesdays have to be tepid? Join Jonathan for some of the week's most explosive new releases, a selection box of Majors' Minors and unexpected delights.
8pm	<b>Tuesday Evening Request Show</b> <i>Sponsored by Noble Foods</i>	We play the songs you want to hear.
10pm	<b>Mellow Magic - with Tim Walden</b>	Tim winds things down a notch with an hour of mellow music and relaxing rhythms from across the decades.
11pm		The Night Shift

# wednesday

8am

## **Tuesday Evening Request Show (Repeat)**

Missed last night's request show or just want to hear the music all over again? Tune in again this morning!

10am

## **Brunch Time - with Toby Lipatti-Mesme Sponsored by Enid Taylor Ltd., Harrogate**

Join Toby for Brunch Time, a mid-morning show with Classic Pop hits from the likes of Bowie and Fleetwood Mac all the way to today's latest.

12pm

## **Decades of Number Ones - with Carl Richards**

Since the first official UK singles charts back in 1952 there have been nearly 1,500 chart-toppers. Hear a few of them in this hour.

1pm

## **The A to Z of Pop Specials - with Richard Smith Sponsored by Specsavers**

Join Richard for some special themed episodes of the A to Z of Pop!

2pm

## **The Seventies Reloaded - with Richard & Bernard**

HHR's very own Likely Lads focus on the music of the seventies, what life was like then, drawing on their own, and hopefully others, experiences and stories.

4pm

## **The Classical Hour - with Derick England**

Join Derick for 1 hour of the best classical music around

5pm

## **It's Five O'Clock Somewhere - with Ann Kilroy**

Join Ann for an hour of easy listening country music with a dash of Irish country music.

6pm

## **The HHR Jukebox**

Nonstop music from Harrogate Hospital Radio's jukebox.

8pm

## **Wednesday Evening Request Show Sponsored by HPH Chartered Accountants of Harrogate**

We play the songs you want to hear.

10pm

## **Mellow Magic - with Tim Walden**

Tim winds things down a notch with an hour of mellow music and relaxing rhythms from across the decades.

11pm

The Night Shift

# Thursday

8am	<b>Wednesday Evening Request Show (Repeat)</b>	Missed last night's request show or just want to hear the music all over again? Tune in again this morning!
10am	<b>Brunch Time - with Toby Lipatti-Mesme Sponsored by Enid Taylor Ltd., Harrogate</b>	Join Toby for Brunch Time, a mid-morning show with Classic Pop hits from the likes of Bowie and Fleetwood Mac all the way to today's latest.
12pm	<b>Decades of Number Ones - with Carl Richards</b>	Since the first official UK singles charts back in 1952 there have been nearly 1,500 chart-toppers. Hear a few of them in this hour.
1pm	<b>Barb Nixon's Kitchen Dance Party</b>	Barb Nixon plays you a host of hits to get you dancing around your beds, around your wards or around your kitchens - wherever you are, have a little boogie!
2pm	<b>Solid Gold Sixties - with Ellie Jackson</b>	Featuring a Beatles double play, a forgotten 45' and a chillout tune
4pm	<b>Wellbeing Food for the Soul - with Marcia Clarke</b>	Join Marcia as she shares her thoughts and guidance on mental health, mindset and personal development. With guests sharing their expertise and passions, music, events, topical issues and laughter.
6pm	<b>The Olly Johnson Show - with Olly Johnson</b>	Join Olly for the perfect show to help you unwind and relax at the end of the day. We'll have some chilled out songs, some well known acoustic hits and you'll need to bring along your local knowledge as we play 'Where's Olly?'
8pm	<b>Thursday Evening Request Show Sponsored by DSSR Consulting Engineers</b>	We play the songs you want to hear.
10pm	<b>Mellow Magic - with Tim Walden</b>	Tim winds things down a notch with an hour of mellow music and relaxing rhythms from across the decades.
11pm		The Night Shift

# Friday

8am

**Thursday Evening  
Request Show (Repeat)**

Missed last night's request show or just want to hear the music all over again? Tune in again this morning!

10am

**Brunch Time -  
with Daniel Wilson  
Sponsored by Enid Taylor  
Ltd., Harrogate**

Join Daniel for Brunch Time, a mid-morning show with Classic Pop hits from the likes of Bowie and Fleetwood Mac all the way to today's latest.

12pm

**Decades of Number Ones -  
with Carl Richards**

Since the first official UK singles charts back in 1952 there have been nearly 1,500 chart-toppers. Hear a few of them in this hour.

1pm

**Glam Rock meets New Wave  
- with Martin Fretwell**

Martin invites you to enjoy fabulous music from the 70s and 80s. Why not let yourself go with the singalong songs, bop and tap around to the disco floor-fillers or test your pop knowledge with the interactive quiz.

3pm

**Chill Out -  
with Martin Fretwell and  
Barb Nixon**

Tune in to Chill Out with Martin & Barb for lively chat, great music and high-stakes quiz "Who Wants to be a 10p-aire?"

4pm

**Feel Good Friday -  
with Barb Nixon**

Join Barb Nixon as she plays songs to make your stay in hospital just that little bit better. New features include the High School Disco Throwback.

6pm

**G&T -  
with Jonathan Tullett &  
guests**

Jonathan and guests throw the ultimate pre-weekend party and you are all on the VIP list! Start your weekend off right with chat, fun, laughter and music - we'll drink to that!

8pm

**Friday Evening  
Request Show  
Sponsored by The Crown  
Hotel, Harrogate**

We play the songs you want to hear.

10pm

**EuroPlay -  
with Ollie Thomas**

A European pop show featuring an appreciation of music from around the globe and Hidden Homegrowns.

11pm

The Night Shift

# saturday

8am	<b>Friday Evening Request Show (Repeat)</b>	Missed last night's request show or just want to hear the music all over again? Tune in again this morning!
10am	<b>The Saturday Morning Music Zone - with Mark Field</b>	Including the 'Instant Jukebox'; call in and request a song at any time during the show and it could be played instantly.
12pm	<b>The Happy Hour - with Daniel Wilson, Mark Field and Ollie Thomas</b>	An hour of feel good music and feel good news stories. Presented by a combination of Daniel, Mark or Ollie. Listen to see who the hosts are and what they get up to!
1pm	<b>The Daniel Wilson Show - with Daniel Wilson <i>Sponsored by Elizabeth Finn Homes</i></b>	Join Daniel every Saturday, he will have chat and games including The Saturday Rewind, 'What's on the Box?', The Mystery Song Lyrics & Chain Reaction. Find The Daniel Wilson Show on Facebook!
3pm	<b>The Toby Lipatti-Mesme Show - with Toby Lipatti-Mesme</b>	Toby brings you the ideal combination of laughter, chaos, and great tunes on Harrogate Hospital Radio.
5pm	<b>Saturday Evenings with Ollie Thomas - with Ollie Thomas</b>	Sail through your Saturday Evening with Ollie for pop, games, brand new music and 'The Saturday Smile', the song picked by you that always brightens your night.
7pm	<b>Behind the Lens - with Lewis Smith</b>	Focusing on a different genre each week, Lewis plays songs from classic films, celebrating the importance of music in cinema. Grab your popcorn and take a trip Behind the Lens.
8pm	<b>Bubblegum and Cheese - with Ian Wighton</b>	A show of good-time, happy, singalong tunes which just don't get played on the radio anymore.
9pm	<b>All That Jazz - with Mike Streeton</b>	Cool jazz, swing, be-bop, trad and modern from the world's coolest jazz performers.
10pm	<b>Call Me Number One - with Richard Smith</b>	Featuring two decades of number ones!
11pm		The Night Shift

8am	<b>A Toe Tappin' Breakfast - with Jooly</b>	Music guaranteed t'get ya Toes A 'Tapping! A look back at the music of the Jazz Age of the 1920s, the Swing Era of the 1930s and the Big Band era of the 1940s.
9am	<b>Sunday Morning Worship</b>	Starting with Words of Worship with a member of the Hospital Chaplaincy Team, followed by feel good music.
10am	<b>The HHR Jukebox</b>	Nonstop music from Harrogate Hospital Radio's jukebox.
11am	<b>Sunday Best - with Mike Streeton</b>	Mike plays you some gentle, relaxing music plus a quiz, a mystery voice competition, a look at the Sunday morning papers and lots more.
1pm	<b>Dolly Mixtures and All Sorts - with Ann Kilroy</b>	Join Ann for a unique mix of music. Songs and music to cheer your Sunday lunchtime up, so come along and be her guest!
2pm	<b>The Sunday Supplement - with Steve Pexton</b>	Steve features your horoscopes, on this day in history, the latest lottery and Local Lotto results, musical birthdays and Pexton's Pub Quiz.
4pm	<b>Chart Show Rewind - with Ian Wighton</b> <i>Sponsored by The Harrogate Crime Series author Malcolm Hollindrake</i>	Ian counts down the charts from the 60s, 70s or 80s and highlights what we were watching on TV from that week.
6pm	<b>NEW</b> <b>Like I Like It - with Tim Walden</b> <b>*STARTS 24th MARCH*</b>	Taking you on an eclectic and diverse voyage of discovery across the last 50 years of modern soul and jazz music.
8pm	<b>Who Am I - with Carl Richards</b>	Two hours of the best chart hits from the 70s to today along with six clues to identify an artist or group from the same period!
10pm		The Night Shift

# How would you like to sponsor a show?

We're currently looking for amazing people or businesses to sponsor a show on Harrogate Hospital Radio... is this you? This will help us to continue to provide our service within Harrogate District Hospital.

If you're interested please contact [fundraising@harrogatehospitalradio.org.uk](mailto:fundraising@harrogatehospitalradio.org.uk)

Harrogate Hospital 

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This Programme Guide has been kindly donated by Enid Taylor Ltd for over 30 years



# Harrogate Hospital Radio



We are a registered charity (No. 507137) run entirely by volunteers. It has been our pleasure to play thousands of requests for patients since 1977 as well as broadcasting other programs of more general interest. During your stay in hospital we hope that our service helps in some way towards your recovery.

**Thank you for supporting Harrogate Hospital Radio. We hope you get well soon.**



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HHR to 82228

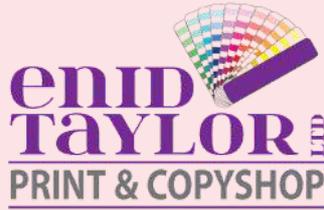


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